



FT. LAUDERDALE diving team



Lesson Program

Welcome to the Ft. Lauderdale Diving Team lesson program. We are pleased you have selected the Ft. Lauderdale Diving Team and we are confident you have chosen the right program. Students learn the basics of diving safely at their own pace. Once the skills are learned, the student will be eligible to join the Future Champions level of the Ft. Lauderdale Diving Team.

There are local competitions held from Miami to Jupiter that our students can participate in while in the lesson program. These opportunities will be offered by the lesson instructor and are optional for you to attend. Once you reach the level to attend these competitions, you will have to upgrade your USA Diving membership to “Blue” level membership. USA Diving, the National Governing Body of the United States Olympic Committee, sanctions these events.

Everyone in the lesson program **must** be members of USA Diving. This membership must be completed online at usadiving.org. This membership must be valid before any diving instruction can take place. Please follow the instructions below to receive your membership.

- Go to www.usadiving.org
- Once on the USA Diving web page, move cursor to “*join USA Diving*”.
- From the list, click “*Athlete Membership*.”
- Then click “*Join USA diving*” on bottom of page
- Select Competitive Blue membership click sign-up
- On the top right hand side of the page, under *ASSOCIATION INFORMATION*, select “*Fla. Gold Coast*.”
- After you have selected the association, another section appears under association information, which is for selecting a club, select “*Ft Lauderdale Diving Team*.”
- Then complete the rest of the page and click *continue* on the bottom of the page.
- Check the appropriate waiver
- Once this is completed, print a copy of the membership card.
- Please bring a copy for our records with you the first day of class.
- NO one will be permitted to dive in the lesson program or dive on the Ft. Lauderdale Diving Team without this membership.

Please note that this program takes place in deep water, up to 18 feet deep. Everyone taking this class must feel comfortable in their swimming skills in deep water.

If you have any questions, please ask your instructor, or please feel free to contact Dave Burgering, Director of Diving and Head Coach of the Ft. Lauderdale Diving Team at 954-467-8179.

Thanks again for choosing the Ft. Lauderdale Diving Team!

Dave Burgering
Director and Head Coach, Ft. Lauderdale Diving Team
2008 USA Olympic Coach



Lesson Program Student Application Packet

Please Print:

Student's name _____

Parent Name _____

Parent Name _____

Address _____

City _____ State _____ Zip _____

Home Phone (____) _____ Diver's Cell Phone (____) _____

Parent's cell phone (____) _____ Parents cell (____) _____

Student's E-mail address _____

Parent E-mail address _____

Parent E-mail address _____

Date of Birth _____ Current age _____ Gender ___M ___F

Age as of December 31, 2012 _____

Today's Date _____

How did you hear about our program?

Web Newspaper Television Word of Mouth

Other, please explain _____

Rules and Regulations
Fort Lauderdale Lesson Program
2011 - 2012

Listed below are the rules and regulations of the Ft. Lauderdale Diving Team lesson program members. By signing below, the parent(s) or legal guardians of _____ understand the rule and regulations and agree to follow these procedures. Today's Date _____

Lesson Fees

1. Fees are due upon starting the program.
2. Payments may be made in cash, check or credit card.
3. A fee of \$35 will be charged on any returned check.
4. Prolonged injury or illness will be handled on an individual basis.
5. There are NO Refunds unless authorized by the Head Coach, Dave Burgering.
6. A "punch card" will be purchased the first day of class which allow 8 hours of instruction.
7. IF the card is lost, a replacement card must be purchased
8. You must present a punch card for every class and every hour of class you attend

Training Sessions-

1. Spectators are not permitted on the pool deck during training times. If parents, family or friends wish to attend training, they must watch from the grandstand, away from the training area (determined by instructor) or from outside the fence. No interaction with your child is permitted.
2. Training will not be cancelled if possible. If time permits and workouts are cancelled, you will receive a phone call prior to the training times. If training is cancelled by a member of the Ft. Lauderdale Diving Team Staff, there will be a make up class. Make-up classes will NOT be held if you missed a class and class was not cancelled.

General Rules

1. All parents, athletes and family members must be in total support of the program. If there are any problems, questions or any items needing to be discussed with the Director (Dave Burgering), please call and make an appointment ASAP. All items will be handled on an individual basis and will be confidential. (office – 954-467-8179, cell 561-213-2914)
2. All team members and parents must enter and exit at the main entrance to the Aquatic Complex.
3. Running, pushing or horseplay is prohibited.
4. Anyone causing destruction to any part of the facility, diving equipment, exercise mats, etc. will be asked to leave the facility for a period of time to be determined by the Head Coach.
5. The Multi-Purpose room is to be kept clean at all times.
6. Street clothes or cut-offs are not allowed in the pools.
7. No glass bottles in the facility.
8. One diver on the board at a time.
9. No double bouncing of other divers.
10. Only one person on the trampoline at a time.
11. No flips on trampoline or dryboard are permitted, without being in the belt and spotted by a member of the coaching staff or instructed by the lessons coach to perform a flip.
12. No add-on or stick-it games are allowed on trampoline or dryboard.

Parent Signature _____

Athlete's Name _____

Release, Waiver of Liability/ Assumption of Risk

Whereas, Burgering Enterprises, Inc (D.B.A. Ft. Lauderdale Diving Team) and the City of Ft. Lauderdale, owns and operates a diving program at 501 Seabreeze Blvd., Ft. Lauderdale, FL 33316; and

Whereas, the undersigned _____ (“Athlete”) desires to dive at said facility;

Now, therefore, for and in consideration of diving at said facility, the undersigned Athlete:

1. Agree that prior to participating, or in the case of a minor participant, the parent(s) or legal guardian(s) will instruct the minor athlete that prior to participating, he or she should inspect the facilities and equipment to be used, and if the participant believes that anything is unsafe, he or she should immediately advise his or her coach or supervisor of such condition(s) and refuse to participate.

2. Acknowledge and fully understand that each athlete will be engaging in activities that involve risks including but not limited to: serious injury, including, permanent disability and death, severe social and economic losses that might result not only from their own actions, inactions, or negligence, but also the actions, inactions, or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, there may be other risks not known to us or not reasonably foreseeable at this time.

3. Assume all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability, death, or other risk.

4. Release, waive, discharge and covenant not to sue The Ft. Lauderdale Diving Team, The City of Ft. Lauderdale, Burgering Enterprises Inc., its employees, directors, successors, assigns, affiliated clubs, their respective administrators, directors, agents, coaches, other participants, sponsors, agencies, advertising sponsors, as well as the owners or leasees of the premises, all of which are hereinafter referred to as Releasees, from any liability to each of the undersigned, his or her heirs, and next of kin, for any and all claims, demands, losses, or damages on account of injury, including death, damage to property, physical injury caused or alleged to be caused in whole or in part by the negligence of the Releasees, or otherwise.

5. The undersigned further agree to indemnify, save and hold Releasees harmless from any loss, liability, attorneys’ fees, damage, or costs that they, or any of them, may incur arising out of or related to the use of said facility whether caused by the negligence of the Releasees or otherwise, and does hereby assume risk of any such loss or damage.

6. The undersigned do further covenant and represent that I/we have read and understand this document; have been given an opportunity to consult my own attorney, and that I/we have voluntarily signed this Release, Waiver of Liability/ Assumption of the Risk.

7. This Agreement shall be governed by the laws of the State of Florida and the Parties agree that any legal action relating to or arising out of this agreement shall be brought in Ft. Lauderdale, Florida.

Athlete’s Name

Date

Athlete’s Signature if over 18 years of age

Date

Parent or Guardian Name/Relationship

Date

Parent or Guardian Signature

Date

Witness Name

Date

Witness Signature

Date

Must be witnessed and dated.

